

SUMMER MENU

SAINIK SCHOOL PURULIA CADETS' MESS

wef 25 April 2023 to 14 May 2023

Days	Morning Tea &	Breakfast	Tea Break	Counter Sale	Lunch	Evening Tea & Snacks	Dinner
MON	Tea & BG Rusk / Biscuit	Bread, Jam & Butter, Boiled egg/Veg. cutlet, Dalia, Tea	Banana Cake	Veg Patties, Muffin	Chola Puri, Rice, Saag, Tangy Masur Dal	Tea & Muffin	Rice, Chapati, Dal Arhar, Veg Manchurian, Fruit Cream/Butter Scotch Pudding
TUE	Tea & Biscuits	Chapati, Dum Aloo / Matar Curry, Choco-Horlicks & Tea	Fruit	Pastry, Muffin	Rice, Chapati, Udat Dal, Aloo Postu Bundi Raita, Papad	Tea & Plum Cake	Rice, Chapati, Dal Mixed, Veg Potato Nutrela & Pastry
WED	Tea & Biscuits	Puri, Chana Dal, Choco-Horlicks & Tea	Cake Rusk	Veg Patties, Muffin	Rice, Chapati, Masur Dal, Matar Paneer/Fish Curry, Salad with Pickle	Tea & Sponge cake	Rice, Chapati, Dal Chana, Egg Bhujija / Tomato Paneer / Paneer Bhujija, Mysore pak
THU	Tea & Biscuits	Paw Bhaji, Choco-Horlicks & Tea	Sponge Cake ©	Pastry	Rice, Chapati, Sambhar Dal, Aloo Matar / , Papad & Fruit	Tea & sweet paw	Rice, Chapati, Paneer/Egg Tadka, Seasonal Veg, Onion Salad, Kheer
FRI	Tea & Biscuits	Bread, Butter & Jam, Omllette/ Veg. Cutlet, Choco-Horlicks & Tea	Cake Rusk	Veg Patties, Muffin	Rice, Chapati, Chana Dal, Sahee Paneer/Chicken curry & Lassi	Tea & Butter Garlic Rusk	Rice, Chapati, Dal Fry, Matar Paneer, Egg Curry & Fruit Custard
SAT	Tea & Biscuits	Namkin Dalia, Choco-Horlicks & Tea	Biscuits	Pastry, Muffin	Rice, Chapati, Rajma, Dahi-Besan Kadhi, Papad	Tea & Veg Patties	Rice, Chapati, Chana dal, Chilly Chicken/Chilly Paneer, Sweet Bundi
SUN	---	Idli, Vada, Sambar, Chutney & Cold Coffee	---		Veg Biryani, Paneer/Chicken Shorba, Green Salad, Icecream	Sprout and Tea	Rice, Chapati, Mixed Dal, Bhindi Masala and Suji Besan Halwa